



US PARALYMPIC -TRACK and FIELD

Cerebral Palsy / Traumatic Brain Injured Classes 31-38

There are multiple classifications for Cerebral Palsy or Traumatic Brain injured athletes competing in Paralympics. The athlete may be ambulatory or confined to a wheelchair.

NOTE: *The classification descriptions below provide a snapshot of each classification—the classification process is done by trained professionals typically at an IPC approved event. These descriptions or classifications may change in the future. For more detailed information- IPC Classification Rules and Regulations: <http://www.paralympic.org/athletics/rules-and-regulations/classification> (January 2014)*

Track and Field Events: Cerebral Palsy/ Traumatic Brain Injury- Wheelchair Athletes

- T31:** Quadriplegic (Tetraplegic) Athletes in this class compete by propelling the wheelchair with their feet. Poor functional strength in all extremities and trunk. Trunk control is poor and use their upper extremities and/or head to assist in returning to an upright position. Very poor hand function in handling club, shot or discus, in conjunction with throwing motion. (Club 397gm). *IPC Classification pg. 42-44 and 78*
- T/F32:** Quadriplegic (Tetraplegic) Poor functional strength in all extremities and trunk, but able to functionally propel a wheelchair with arms. Often has a cylindrical or spherical grasp, and can demonstrate sufficient dexterity to throw a ball, but will exhibit poor grasp and release. May ambulate but never run. (Shot -2kg; discus-1kg; club-397gm) *IPC Classification pg. 42-44 and 78*
- T/F33:** Quadriplegic (Tetraplegic, Triplegic, severe hemiplegic)- wheelchair with almost full functional strength in dominant upper extremity. Can propel a wheelchair independently, can walk with assistance but only for short distances. When pushing chair forward trunk movement is often limited by extensor tone during forceful pushing. Dominant hand may demonstrate cylindrical and spherical grasp (Shot -3kg; discus-1kg; javelin-600gm) *IPC Classification pg. 42-44 and 79*
- T/F34:** Diplegic-. Wheelchair-user with good functional strength with minimal limitation or control problems noted in upper limbs and trunk. Trunk can make a complicated, forceful and rapid movement. Able to perform long and forceful strokes, with rapid grasp and release, although fine movements in hands may be affected. Moderate to severe involvement in both legs. When standing, poor balance even when using assistive device. (Shot -4kg; discus-1kg; javelin-600gm- Women's shot- 3kg; discus-1kg; javelin-600gm) *IPC Classification pg. 42-44 and 79*

Cerebral Palsy/Traumatic Brain Injury- Ambulatory Athletes

- T/F35:** Diplegic/ Triplegic- Individual may require the use of assistive devices in walking, but not necessarily when standing. A shift of center of gravity may lead to loss of balance. Lots of variance in arms, but strength is within normal. Involvement with one or both legs. Has sufficient balance to run on track. Has normal static balance, but exhibits problems in dynamic balance. (Shot 4kg; discus-1kg; javelin-600gm- Women's shot 3kg; discus-1kg; javelin-600gm) *IPC Classification pg. 42-44 and 83*
- T/F36:** Athetoid or Ataxic- Athlete walks without assistive devices. All four limbs usually show functional involvement in sports movements, will have more control problems in upper limbs than a T/F 35 but has better function in lower limbs. May have good dynamic balance compared with static balance. Explosive movements are difficult. (Shot put-4kg; discus-1kg; javelin-600gm; - Women's shot- 3kg) *IPC Classification pg. 42-44 and 83*
- T/F37:** Hemiplegic- Able to walk without assistive devices, but may limp, good functional ability in dominant side of body. Athlete has difficulty walking on heels and hopping on the impaired leg. Good arm and hand control on dominant side. Weakness in knee pick up in sprinting and shows an asymmetrical stride length. (Shot put-5kg; discus-1kg; javelin-600gm- Women's shot- 3kg; discus-1kg; javelin-600gm) *IPC Classification pg. 42-44 and 84*

T/F38: Minimally affected, must have diagnosis of CP or other non-progressive brain damage with locomotor dysfunction. Must demonstrate a limitation in function based on spasticity, ataxic, athetoid or dystonic movements while performing on the field of play. (shot put-5kg; discus-1.5kg; javelin-800gm/600gm- Women's shot- 3kg) *IPC Classification pg. 42-44 and 84*

Athletes achieving National Team Standards (IPC Licensed, achieved at an IPC Approved event) are eligible for Direct Athlete Support. The World A standards must be met in order to compete at the international competition. National entry and the Jr. entry is the minimum mark to compete at the 2017 U.S. Paralympics Track and Field National Championships- June 2-4 in Los Angeles. Junior Entry is for athletes who will not turn 20 in 2017.

2017 Men's Standards

| Class | Event | World A | National A | National B | Emerging | National Championships Entry | National Entry for Juniors |
|-------|-----------|---------|------------|------------|----------|------------------------------|----------------------------|
| 31/32 | Club | 22.00 | 32.63 | 31.93 | 20.95 | 18.00 | 15.00 |
| 32 | Shot | 6.50 | 9.77 | 9.15 | 6.19 | 4.80 | 3.50 |
| 33 | 100 | 26.00 | 17.80 | 17.96 | 27.30 | 32.00 | 35.00 |
| 33 | Shot | 6.00 | 11.13 | 9.68 | 5.71 | 4.00 | 3.00 |
| 34 | 100 | 20.00 | 15.47 | 15.77 | 21.00 | 25.00 | 27.00 |
| 33/34 | 200 | 38.00 | 27.54 | 28.77 | 39.90 | 42.00 | 45.30 |
| 33/34 | 400 | 1:08.00 | 52.56 | 53.41 | 1:11.40 | 1:13.65 | 1:15.00 |
| 33/34 | 800 | 2:10.00 | 1:41.25 | 1:43.45 | 2:16.50 | 2:40.00 | 2:50.00 |
| 33/34 | Discus | 21.00 | 35.06 | 31.69 | 20.00 | 18.00 | 15.00 |
| 34 | Javelin | 17.00 | 33.42 | 31.31 | 16.19 | 15.00 | 13.50 |
| 34 | Shot | 7.00 | 11.10 | 10.70 | 6.67 | 4.90 | 3.70 |
| 35 | 100 | 15.60 | 12.82 | 12.93 | 16.38 | 17.94 | 19.00 |
| 35 | 200 | 32.00 | 26.06 | 26.50 | 33.60 | 40.19 | 43.69 |
| 35 | Shot | 8.00 | 14.55 | 14.06 | 7.62 | 6.00 | 4.50 |
| 36 | 100 | 13.70 | 12.18 | 12.40 | 14.39 | 16.91 | 18.38 |
| 36 | 200 | 31.00 | 24.67 | 25.42 | 32.55 | 37.00 | 39.00 |
| 36 | 400 | 1:10.00 | 55.02 | 55.69 | 1:13.50 | 1:15.00 | 1:18.00 |
| 36 | 800 | 2:40.00 | 2:08.10 | 2:08.71 | 2:48.00 | 2:50.25 | 3:05.00 |
| 36 | Shot | 8.50 | 14.52 | 14.05 | 8.10 | 6.50 | 5.00 |
| 36 | Long Jump | 4.00 | 5.62 | 5.43 | 3.81 | 3.60 | 3.20 |
| 37 | 100 | 13.10 | 11.47 | 11.53 | 13.76 | 16.20 | 18.75 |
| 37 | 200 | 26.60 | 22.99 | 23.81 | 27.93 | 32.00 | 38.00 |
| 37 | 400 | 63.00 | 51.83 | 53.01 | 66.15 | 1:15.00 | 1:18.00 |
| 37/38 | 800 | 2:25.00 | 2:04.10 | 2:05.39 | 2:32.25 | 2:45.00 | 3:00.00 |
| 37 | 1500 | 4:55.00 | 4:14.80 | 4:20.43 | 5:09.75 | 5:25.00 | 5:35.00 |
| 37 | Discus | 39.00 | 53.50 | 52.15 | 37.14 | 35.00 | 30.00 |
| 37 | Javelin | 29.00 | 49.55 | 47.32 | 27.62 | 26.00 | 24.00 |
| 37 | Shot | 11.00 | 15.17 | 13.60 | 10.48 | 9.00 | 7.00 |
| 37 | Long Jump | 5.20 | 6.28 | 6.05 | 4.95 | 4.50 | 4.10 |
| 38 | 100 | 13.00 | 11.23 | 11.34 | 13.65 | 16.15 | 18.75 |
| 38 | 200 | 27.00 | 23.28 | 24.02 | 28.35 | 33.00 | 39.00 |
| 38 | 400 | 60.00 | 51.44 | 51.71 | 63.00 | 1:06.00 | 1:10.00 |
| 37/38 | 800 | 2:25.00 | 2:04.10 | 2:05.39 | 2:32.25 | 2:45.00 | 3:00.00 |
| 38 | 1500 | 5:10.00 | 4:11.99 | 4:26.64 | 5:25.50 | 5:26.00 | 5:35.00 |
| 38 | Javelin | 30.00 | 48.55 | 47.90 | 28.57 | 27.00 | 25.00 |
| 38 | Shot | 9.00 | 13.69 | 11.86 | 8.57 | 7.00 | 6.00 |
| 38 | Long Jump | 4.40 | 6.58 | 6.39 | 4.19 | 4.00 | 3.90 |

2016 Women's Standards

| Class | Event | World A | National A | National B | Emerging | National Championships Entry | National Entry for Juniors |
|-------|-----------|---------|------------|------------|----------|------------------------------|----------------------------|
| 31/32 | Club | 13.00 | 22.21 | 18.00 | 12.38 | 11.00 | 9.00 |
| 32 | Shot | 2.80 | 4.73 | 4.37 | 2.67 | 2.50 | 2.40 |
| 33/34 | 100 | 25.00 | 18.55 | 18.83 | 26.25 | 33.00 | 36.00 |
| 33/34 | 400 | 1:28.00 | 60.92 | 64.11 | 1:32.40 | 1:43.53 | 1:45.00 |
| 33/34 | 800 | 2:50.00 | 2:02.47 | 2:08.70 | 2:58.50 | 3:14.12 | 3:30.50 |
| 33 | Shot | 3.50 | 5.39 | 5.19 | 3.33 | 3.30 | 3.25 |
| 34 | Javelin | 11.50 | 18.40 | 16.96 | 10.95 | 10.00 | 8.95 |
| 34 | Shot | 5.20 | 7.84 | 7.46 | 4.95 | 4.85 | 4.50 |
| 35 | 100 | 20.50 | 14.09 | 15.47 | 21.53 | 26.00 | 28.30 |
| 35 | 200 | 44.00 | 29.35 | 32.41 | 46.20 | 49.41 | 52.00 |
| 35 | Shot | 6.00 | 9.28 | 8.50 | 5.71 | 5.65 | 5.50 |
| 36 | 100 | 18.00 | 14.46 | 14.71 | 18.90 | 20.35 | 24.00 |
| 36 | 200 | 38.00 | 29.92 | 31.06 | 39.90 | 44.70 | 47.00 |
| 36 | Shot | 5.50 | 9.97 | 9.25 | 5.24 | 5.15 | 5.00 |
| 37 | 100 | 16.00 | 13.83 | 14.05 | 16.80 | 18.60 | 19.30 |
| 37 | 200 | 34.00 | 29.35 | 29.99 | 35.70 | 36.00 | 38.00 |
| 37 | 400 | 1:20.00 | 63.71 | 65.40 | 1:24.00 | 1:34.12 | 1:35.50 |
| 37/38 | Discus | 22.00 | 32.14 | 31.32 | 20.95 | 17.00 | 16.45 |
| 37 | Javelin | 17.00 | 29.89 | 28.46 | 16.19 | 15.10 | 14.00 |
| 37 | Long Jump | 3.50 | 4.73 | 4.44 | 3.33 | 3.00 | 2.90 |
| 37 | Shot | 7.50 | 12.50 | 11.00 | 7.14 | 6.50 | 6.39 |
| 38 | 100 | 15.80 | 12.98 | 13.06 | 16.59 | 18.60 | 19.30 |
| 38 | 200 | 33.60 | 27.30 | 27.80 | 35.28 | 36.50 | 37.40 |
| 38 | 400 | 1:19.00 | 62.12 | 64.47 | 1:22.95 | 1:30.59 | 1:34.00 |
| 37/38 | Discus | 22.00 | 32.14 | 31.32 | 20.95 | 17.00 | 16.45 |

For more information about standards- see 2017 Athlete and Sport Plan on USPTF website.

Paperwork for physically impaired athletes is available at: <http://www2.teamusa.org/US-Paralympics/Sports/Track-and-Field/Events>.

Paperwork must be submitted 6 weeks prior to an international classification.

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